

Peak Pilates Class Timetable

Starting Monday 6 February 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am – Reformer (Bridie) 8am – Mat (Amy)	7am – Reformer (Charlie)	7am – Reformer (Adrian)	7am – Reformer (Amy)	7am – Reformer (Charlie) 8am – Mat (Charlie) 8.30am – Reformer (x2) (Amy & Bridie)	
9.30am - Reformer (Amy)	9am – Reformer (Cassy)	9.30am – Mat (Cassy)	9am – Reformer (Amy)	9.30am – Reformer (x2) (Amy & Bridie)	9am – Reformer (x2) (Adrian & Bridie)
10.30am – Mat (Amy)	10am – Reformer (Cassy)	10.30am – Reformer (Bridie)	10am – Reformer (Amy)	10.30am – Mat (Amy)	10am – Mat (Charlie)
12pm – Reformer (Amy) 1pm – Rehab/Circuit Class (Amy)	11am – Rehab/Circuit Class (Adrian)		11am – Pregnancy Class (Amy)	12pm – Reformer (Amy)	11am – Reformer (x2) (Charlie & Bridie) & Rehab/Circuit Class (Adrian)
4pm – Rehab/Circuit Class (Adrian)	12pm - Reformer (Bridie)		12pm – Reformer (Amy) 12pm – Rehab/Circuit Class (Adrian)		
5pm – Reformer (Adrian) & Mat (Charlie)	5pm – Reformer (x2) (Charlie & Cassy)	5pm – Reformer (x2) (Adrian & Charlie)	5pm – Reformer (Ritika) & Mat (Cassy)	5pm – Reformer (Adrian)	
6pm – Reformer (David) & Mat (Charlie)	6pm – Reformer (Charlie)	6pm – Reformer (Adrian)	6pm – Reformer (Cassy)	6pm – Reformer (Adrian) & Rehab/Circuit Class (Bridie)	
7pm - Reformer (Charlie) & Rehab/Circuit Class (Adrian)	7pm – Mat (Cassy)	7pm – Rehab/Circuit Class (David)			

Please visit www.ezybook.co.nz for our latest timetable or to book online.