

Class Timetable    Christina = **Green**    Sia = **yellow**    Tracey = **Pink**    Steve = **Blue**    Felicity = **Orange**    Colleen = **Red**    Rosa = **Purple**

	Mon	Tues	Wed	Thurs	Fri	Sat
07.00am		Ref 7.00			Ref 7.00	
07.30am						
08.00am	Reformer 8.00					
08.30am				Ref 8.30		
09.00am		Ref 9.00	Mat 9.00		Ref 9.00	Mat 9.00
09.30am	Basic Mat 9.30		Mat Class 9.30am	Basic Mat 9.30am	Basic Ref 9.30	Ref 9.00
10.00am		Advanced Ref 10.00	Ref 10.00		Ref 10.00	Ref 10.00
10.30am	Ref 10.30				Ref 10.30	Basic Ref 10.00
11.00am			Peak HIIT 11.00		Reformer 11.00	Mat 11.00
11.30am						
12.00pm	Basic Ref 12.00				Pregnancy 12.00	Spinalates 12.00
12.30pm		Power Ab's 12.00				Reformer 12.00
01.00pm						
01.30pm						
02.00pm						
02.30pm						
03.00pm						
03.30pm						
04.00pm						
04.30pm						
05.00pm	Basic Ref 5.00	Basic Ref 5.00		Ref 5.00	Mat 5.00	
05.30pm		Basic Mat 5.30pm	Basic Reformer 5.30			
06.00pm	Spinalates 6.00	Peak HIIT 6.00	Spinalates 6.00	Peak HIIT 6.00	Basic Reformer 6pm	
06.30pm			Ref 6.30			
07.00pm	Mat 7.00	Ref 7.00		Mat 7.00	Ref 7.00	Power Ab's 7.00
07.30pm						
08.00pm						

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